

Awakening Newsletter

#10

Excuses

***"An excuse is worse and more terrible than a lie;
for an excuse is a lie guarded." - Alexander Pope***

I'm too old. It's too hard. I don't have the money. I have no time. It won't work. I can't. I don't feel like it. It's not for me. I might get hurt. Or be disappointed. I'm too afraid. I'm not good enough. Circumstances are stopping me. I would but...

If you don't really want to do something, one excuse is as good as another.

The entranced person believes his excuses, and lets himself be stopped by them. This investment in the belief of the reality of the excuse makes it more real. If you hold back because you don't have enough money, you give power to the reality of not having enough money. "Not enough money" is your comfort zone – not a very pleasant one, but preferable to the alternative, which will require trust in yourself. "Not enough money" becomes energetically held in place, and thus what you are likely to get more of.

"I'm not good enough" stops you from going for what you desire. You are attracted to someone, but hold back because of imagined deficiencies (this is known as a **TRANCE!**). Being believed and reinforced by our agreement, our failure to act adds another layer of "not good enough" and it becomes harder, more fixated, more real. The trance deepens. I'll do it later, when "not good enough" goes away.

The circumstances are never the problem.

It is always about our commitment.

The awakened person realizes the power of choice is within her. Circumstances are merely the logistics that have to be arranged. This taps her into resources that would never have been discovered without the prior commitment. "Miracles" happen – but only after we are committed.

***"Nothing is impossible; there are ways that lead to everything, and if we had sufficient will we should always have sufficient means.
It is often merely for an excuse that we say things are impossible." - Francois La Rochefoucauld***

Nothing else needs to happen for you to do what's necessary to be awake. You don't have to lose weight, or find the right partner, or be more successful. You just have to make waking up your priority. You have to commit yourself to it. Then the "how" will start arranging itself.

At least be honest with yourself. The truth is we make the time and find the money for things that are important to us. If circumstances stop us, we are willing to be stopped. Any convincing circumstance will do. If we are committed, regardless of the lack of means, or prior knowledge of the "how", existence opens door of possibility. If we wait for the doors to open first, we wait. And wait.

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation) there is one

elementary truth <<http://www.goddirect.org/glossary/t.htm#Truth>> the ignorance of which kills countless ideas and splendid plans: that the moment <<http://www.goddirect.org/glossary/m.htm#Moment>> one definitely commits oneself, then Providence moves too.

**All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issue from the decision, raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. Whatever you can do or dream you can begin it. Boldness has genius, magic and power in it.
*Begin it now. – Goethe***

Within all of us are two forces – the drive for safety and comfort, which resists change and the unknown, and the evolutionary drive of Consciousness to know Itself, which brings us constantly up against our edges of growth. Deny the first, and your may not survive. Deny the second, and you may wither inside.

Taking the jump into living from the truth of who you are requires commitment and trust. We have all experienced the danger of trust, the breaking of trust, and so there is much fear protecting these wounds. Attempting to avoid this fear leads to stagnation and an internal splitting. Being willing to encounter it directly and walk through it until the illusion of it is revealed takes us to the core of our being.

Which brings us to the question. Which is, what do you really want?

***The law of nature is, Do the thing, and you shall have the power.
– Ralph Waldo Emerson***