

AWAKENING NEWSLETTER

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ON PATIENCE

In a recent coaching session with an Awakening graduate, the relationship between patience and action came up. What does it mean to cultivate patience, as opposed to becoming passive?

These two are not mutually exclusive. Patience is an active process, recognizing that existence delivers all things on its schedule, and not ours. During periods of waiting we can wait passionately, we can hold the longing that is deep in our hearts for the Grace to deliver us deeper into Essence. This holding, this bearing of the disparity between our intentions and current reality, adds energy to the process of manifestation. During these periods, the feeling can be one of bursting or burning and, if not supported by our willingness to experience whatever is occurring, can be quite uncomfortable. The tendency is to take action to make the discomfort go away, which often does not allow the full gestation of the new inside us. If, however, we are able to tolerate the discomfort, then this burning becomes the burning off of old karma. This allows full ripening; doors open and right action is shown.

“We have forgotten how to wait; it is almost an abandoned space. And it is our greatest treasure to be able to wait for the right moment. The whole existence waits for the right moment. Even trees know it--when it is time to bring the flowers and when it is time to let go of all the leaves and stand naked against the sky. They are still beautiful in that nakedness, waiting for the new foliage with a great trust that the old has gone, and the new will soon be coming, and the new leaves will start growing. We have forgotten to wait, we want everything in a hurry. It is a great loss to humanity.... In silence and waiting something inside you goes on growing--your authentic being. And one day it jumps and becomes a flame, and your whole personality is shattered; you are a new person. And this new person knows what ceremony is, this new person knows life's eternal juices.”

Osho - Zen: The Diamond Thunderbolt